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ELIXIR

The flow of magical writing

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Editorial

**"A cheerful heart is a beacon,
attracting blessings like stars to the night."**

This simple yet profound thought echoes the timeless truth that joy, like a radiant light, attracts goodness and abundance into our lives. Biblically, we are reminded that a cheerful heart is more than just a fleeting emotion—it's a reflection of our trust in God's goodness and faithfulness. When we choose joy, we align ourselves with God's favour, making our hearts open vessels for God's blessings.

You could see the vivid description of it in Proverbs 15:13, it says, "A happy heart makes the face cheerful, but heartache crushes the spirit." A heart filled with cheer doesn't just brighten our own soul but radiates outward, inviting peace and blessings into every aspect of life. It's like a magnet that draws in God's grace, kindness, and love, because joy is a visible sign of faith—an active choice to rejoice in His promises.

Just as Philippians 4:4 encourages, "Rejoice in the Lord always; again I will say, Rejoice!"—our cheerful hearts are a testament to the strength and hope we find in God our saviour, even in the darkest moments. In choosing to rejoice, we are not only refreshed in our spirit but also create space for more blessings to flow into our lives.

A cheerful heart, grounded in trust and gratitude, attracts heavenly blessings like a garden blooms under the sun. It cultivates a life rich in peace that surpasses all understanding and endless grace which abounds more and more day by day. The cheerful attitude of God's children has the power to touch not only our own lives but the hearts of those around us.

Thus I encourage everyone to carry a cheerful heart and create a haven of blessings around you on this earth!

*Ms. Pricilla Sharon
Department of English*

A Good Student

A – Always liked by teachers
G – Greets everyone with smile.
O – Obedient to teachers and parents.
O – On time to school.
D – Dresses neatly.
S – Studies with interest.
T – Treats everyone with respect.
U – Understands everything taught.
D – Does daily homework.
E – Eager to know new things.
N – Never makes mistakes.
T – Talks less in class.



*Saron Krishi R.S
III Sapphire*

When you open your eye
The First thing you see is nature
Even at night
Even in the morning
Stars at night
Clouds in the morning
dreams at night
life in the morning
Be mature to
Save Nature.

Nature



*Shiloh Febina S
VI-Jade*

School Days

Growing up in this day and age
With free expression all the rage
Our young ones learn when starting-
School that reading's fun and Maths is cool
While writing's not the least, bit boring
It really is so much like drawing.
For every child it is essential
To realise they are of full potential
And teachers always do their best
To stimulate their interest
When years of school days end at last
With all examinations passed.
With the children reminisce
And say, "Our school days we will miss"
And as the final day arrives,
They were the best days of our lives.



Akisha Miraclin .C
XII-Med 2

Jokes



An old man had 8 hairs on his head
He went to a barber shop
Barber in anger asked
Shall I cut or count?
The old man smiled and said, "colour it"
"Life is to enjoy and to be satisfied with
Whatever
You have with you"

*Rishona Francis
III-Sapphire*

Mom! You're Always There For Me

You hear my pain when
everyone else goes deaf.
You always make me smile
When I think I can't.
You listen to my secrets
and make them yours.
You give me a hug when
I can't find my voice.
You wipe away the tears when
The world makes me weep.
You are my inspiration.
You are my guardian angel.
You are my mom!

*Achsah Rose
XI-M1*



Some social rules that may help you

1. Don't call someone more than twice continuously. If they don't pick up your call, presume they have something important to attend to.
2. Return money that you have borrowed even before the person who lent you reminds or asks for it. It shows your integrity and character. Same goes with umbrellas, pens and lunch boxes.
3. Never order the expensive dish on the menu when someone is giving you a lunch/dinner.
4. Don't ask awkward questions like 'Oh! so, you aren't married yet?' Or 'Don't you have kids' or 'Why didn't you buy a house?' Or 'Why don't you buy a car?' For God's sake, it isn't your problem.
5. Always open the door for the person coming behind you. It doesn't matter if it is a guy or a girl, senior or junior. You don't grow small by treating someone well in public.
6. If you take a taxi with a friend and he/she pays now, try paying next time.
7. Respect different shades of opinions. Remember what's 6 to you will appear 9 to someone facing you. Besides, second opinion is good for an alternative.
8. Never interrupt people talking. Allow them to pour it out. As they say, hear them all and filter them all.
9. If you tease someone, and they don't seem to enjoy it, stop it and never do it again. It encourages one to do more and it shows how appreciative you are.
10. Say 'thank you' when someone is helping you.
11. Praise publicly. Criticize privately.
12. There's almost never a reason to comment on someone's weight. Just say, "You look fantastic." If they want to talk about losing weight, they will.
13. When someone shows you a photo on their phone, don't swipe left or right. You never know what's next.
14. If a colleague tells you they have a doctor's appointment, don't ask what it's for; just say, "I hope you're okay". Don't put them in the uncomfortable position of having to tell you their personal illness. If they want you to know, they'll do so without your inquisitiveness.
15. Treat the cleaner with the same respect as the CEO. Nobody is impressed at how rude you can treat someone below you but people will notice if you treat them with respect.
16. If a person is speaking directly to you, staring at your phone is rude.
17. Never give advice until you're asked.
18. When meeting someone after a long time, unless they want to talk about it, don't ask them their age and salary.
19. Mind your business unless anything involves you directly – just stay out of it.
20. Never talk about your riches in the midst of the poor. Similarly, don't talk about your children in the midst of the barren.

*Nijorin
XII- Non Med*

Psychology says

- Our thought process is directly connected to our health system. Continuously thinking about negative things weakens the overall immune system of your body.
- Keeping ourselves busy with work make us utterly happy. The reason is during the busy phase, there is no time to think about the negativity of life.
- Hugging a person for twenty seconds helps in gaining the trust of that person. The mind keeps thinking there is someone who genuinely cares about us and makes us feel stress-free.
- Discussing our goals and objectives with someone reduces the chance of that particular goal being successful.

*Fredrin Fino C.L
VIII-Ruby*

Tips for making friends

“Friends are very important in our life”. So here are some tips for making friends :

- Be yourself
- Seek common ground
- Practise active listening
- Be approachable
- Offer help
- Be patient
- Be positive
- Join social activities
- Use technology wisely
- Step out of your comfort zone.



*VIII-Ruby
Gia Jaffline. B*

Interesting facts about cheetah



- Cheetahs belong to the cat family
- Cheetahs are the world's fastest land mammal.
- They're built for speed
- Cheetahs don't roar, they meow and purr.
- Their eyes help them hunt.
- They have natural camouflage.
- Cheetahs love fast food and don't drink much.
- Cheetahs hunt during the day.
- Not strong enough to save its meal.
- Cheetahs can live up to 17 years.
- Cheetahs can survive without food for five to six days.
- Cheetahs normally catch their prey running at high speed of about 30 miles.
- Cheetahs can accelerate to 60 miles per hour in just 3 seconds.
- A group of cheetahs is called a "Coalition".
- Cheetahs are solitary animals and prefer to live alone.

*VIII-Ruby
Jaswanth Raja*

The Proud Rose

In the desert existed a rose and a cactus. The beautiful rose would take every opportunity to insult the cactus. The other plants tried to defend the cactus, but the rose was too obsessed with its own looks. There was no water during a particularly hot summer. The rose started to wither away. But the cactus had become a source of water for the sparrows. The rose asked the cactus for water, and the nice cactus readily agreed.

Moral : Never judge someone according to how they look.



*VIII-Jade
Aarush A.P*

A friend is one who shares with me,
The sun light or the gloom.
A friend is one with love to spare,
Because the heart has room.

A friend is one who knows my joy and
My sorrows ...
Someone who cares and shares ...
Throughout my sad sweet years.

A friend is one who has faith in me,
And it will never end,
And so today I proudly say,
"I'm glad to have a friend!"



*X-Sapphire
Ajna A.S*

Poem

The lily of the valley,
Looks beautiful and pleasant
The flowers of the valley,
Looks like a silver beads.
And, I saw a beautiful woman,
She was like a sparkle of moon
Sitting near the slopes.
She is so pretty as a lily,
When, I remember the sparkle,
Near the valley, my heart melts.
She just turned around,
I am amazed at her,
I woke up from my bed,
And remembered she is my mom.

*VIII-Jade
Arshara A.S*



பள்ளிக்கூடம்

அறிவின் தலைவாசல் !
ஆராய்ச்சிக் கலைக்கூடம் !
இன்நட்பின் பயிலரங்கம் !
ஈடிலா ஞானசுரங்கம் !
உலக அறிவின் ஊற்று !
ஊக்கத்தின் சுவாசக்காற்று !
எதிர் நிற்கும் கலைவாணி !
ஏற்றத்தின் துணையாம் ஏணி !
ஐயம் களையும் களம் !
ஒப்பிலா விவேகத் தளம் !
ஓதி உணர்த்தும் வரம் !
ஒளடதமாகும் தரம் !
இஃதே நல்லதொரு பள்ளியின் இலக்கணம் !



V-Jade
Ashna S.B. Shano

மர வளர்ப்போம் ! பசு பெருவேளம் !

மரங்கள் நட்டால் மழை தந்து
பசுமை பூத்தே பூமி சிரிக்கும்
நிலம் நனையும் அந்த நேரத்தில்,
நமது உலகம் இனிதே வாழும்

உயிரின் வண்ணம் வீசும் காற்றில்,
பறவைகள் பாடும் நம்பிக்கையில்,
மழை தந்த மரங்கள் வளர்த்தால்,
சிறந்த உலகம் உருவாகும்.



V-Ruby
Fredrin Rino C.L

விடுகதைகள்



1. தலை இல்லாதவன் தலையை சுமப்பவன், அவன் யார்?

தலையணை

2. வெள்ளை மாளிகையில் மஞ்சள் புதையல். அது என்ன?

முட்டை

3. வீட்டிற்கு வந்த விருந்தாளியை வரவேற்க ஆளில்லை, அவன் யார்?

செருப்பு

4. சட்டையைக் கழற்றினால் சத்துணவு, அது என்ன?

வாழைப்பழம்

5. வாயிலே தோன்றி வாயிலே மறையும், அது என்ன?

சிரிப்பு

6. உயிரில்லாதவனுக்கு உடம்பெல்லாம் நரம்பு, அது என்ன?

பாய்

7. பச்சைக் குடுவைக்குள் வெள்ளை முத்துக்கள், அது என்ன?

வெண்டைக்காய்

8. முகம் பார்த்து வளரும், முடிவில்லாமல் தொடரும், அது என்ன?

சொந்தம்

9. ஐந்து அடுக்கு நாலு இடுக்கு. அது என்ன?

விரல்கள்

10. இரவல் கிடைக்காது இரவில் கிடைப்பது, அது என்ன?

தூக்கம்

*Nigitha Dhas
IV-Topaz*

Music



Music is a delightful sound that soothes our mind. It is a combination of melodies and harmonies. It gives happiness and joy to our lives. It heals a person emotionally and mentally. It helps to forget our worries, pains and sorrows. Everything that has a rhythm, has music. It has the ability to convey all sorts of emotions. Music has many genres. Some of them are Rock, Pop Music, Jazz, Country Music, Electronic Music, Hip Hap music and Heavy Metal.

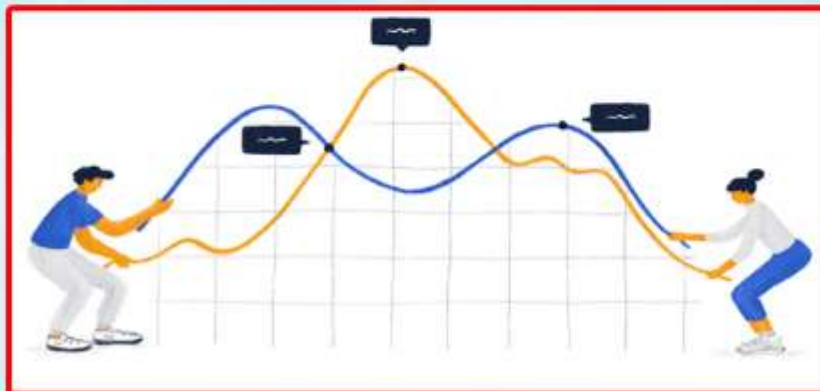
Britney Solomon
IX-Sapphire

Masterpiece

A canvas stretched, a brush stroke hold
A masterpiece unfolding, young and old
Your colours blend, a hue so rare,
A work of art, beyond compare;
In a world of duplicates, you dare,
To be different to stand out with flair;
Your quirks and flaws, a beauty to behold.
Embrace your weirdness, let it shine
Don't hide your true self, let it be seen.
A unique gem, in a world of sheen
A precious gift, for all to see.

Daffina Hesly
IX-Sapphire

Chern medal for Mathematics



The Chern medal is awarded every four years on the occasion of the International congress of Mathematicians to an individual whose accomplishments warrant the highest level of recognition for outstanding achievement in the field of Mathematics. All living, natural persons, regardless of age or vocation, shall be eligible for the Medal.

This Award was named in honour of eminent Mathematician Shiing-Shen Chern. The Chern Medal Award program was established by the Executive Committee of the International Mathematical Union and the Chern Medal foundation. It was first awarded at the ICM in 2010 based on a generous grant from the CMF.

The Award selection committee is chosen by the executive committee of the International Mathematical Union. The name of the chair of the committee is made public but the names of the other members of the committee remain anonymous.

*Daffina Hesly
X-Sapphire*

கவிதை

அன்றும் இன்றும் கிறிஸ்துமஸ்



ஏதோ ஓர் அந்நியனின் மாட்டுத் தொழுவத்தில்
பிறந்தார் இயேசுநாதர்!

மாடுகள் தின்று மீதமிட்ட எச்சில் புல்
மெத்தையும் தலையணையுமாய் அவருக்கு!

யாரோ உடுத்துக் கிழித்த கந்தல் துணிகள்
குளிர்நீக்கும் ஆடையாய் அவருக்கு!

அந்த நடு இரவில் வெளிச்சம் சிறிதும் இல்லாமல் போக
வானத்தில் உதித்த நட்சத்திரம் மட்டுமே விளக்காய் அவருக்கு!

படிக்காத சாஸ்திரிகளும் படிக்காத மேய்ப்பார்களும்
பாலகனாய்ப் பிறந்த இயேசுவை நேரில் கண்டு மகிழ்ந்த நாள் அது!

இப்போதெல்லாம் மக்கள் திரள் திரளாக் கூடும்
பொது இடங்களிலும் தெருக்களின் ஓரங்களிலும்
உணவும் உறைவிடமும் இல்லாமல் கந்தல் ஆடைகளை
அரைகுறையாய் உடுத்திக் கொண்டு பிச்சை எடுத்துக் காலம் தள்ளும்
மனித உயிர்களை மறந்தபடி, கோடிக்கணக்கில் செலவு செய்து
கட்டி முடித்த புல் கூண்டுக்குள் மின் சாரத்தால் மினுமினுக்கும்

காகித நட்சத்திர ஒளியில் கிடக்கும் பொம்மைக் குவியலின் இடையே
வானத்தைப் பிளக்கின்ற பட்டாசுச் சத்தத்தை ரசித்த படி

மணம் வீசும் புத்தாடைகளை அணிந்து கொண்டு
எங்கே இயேசுநாதர் என்ற கேள்விக் குறியோடு

எப்போதும் நம்முடனே இருக்கிறார் அவர்
என்பதை எல்லாம் அப்படியே மறந்து
தேடித்தேடி அலையும் கிறிஸ்தவர்கள்!

Ajoni A
V-Ruby

The Sunny Day Swicheroo

The Sunny Day High was a vibrant school known for its active students and mischievous traditions. Among the students, a trio stood out—Maya, the director; Jake, the class clown; and Lilly, the tech genius. Together, they made the class a force of fun and mischief. One Sunday morning, the trio hatched a plan to pull off the most elaborate prank Sunny Day had ever seen. The idea was simple and foolish i.e. to swap the roles and routines of the teachers and students for a day. With Lilly's tech skills they hacked into the school's announcement system and sent out a message that principal had declared a "Role-Rehearsal Day" to promote empathy and understanding.

The message sounded official, and the students were eager to break from routine. As the festivial-like chaos ensued, the strict Math teacher, Mr. Robert, sat in Maya's place. That made everyone including Mr. Robert laugh. The class was interesting and fun for everyone.

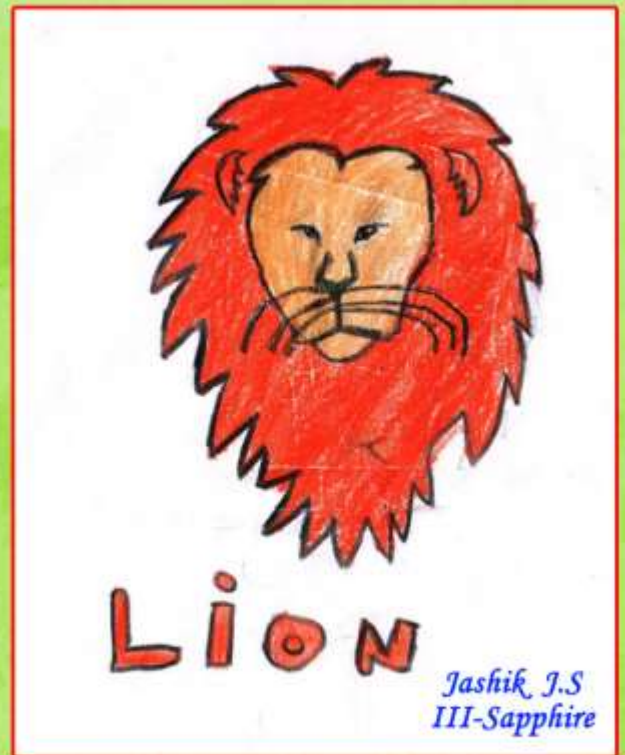
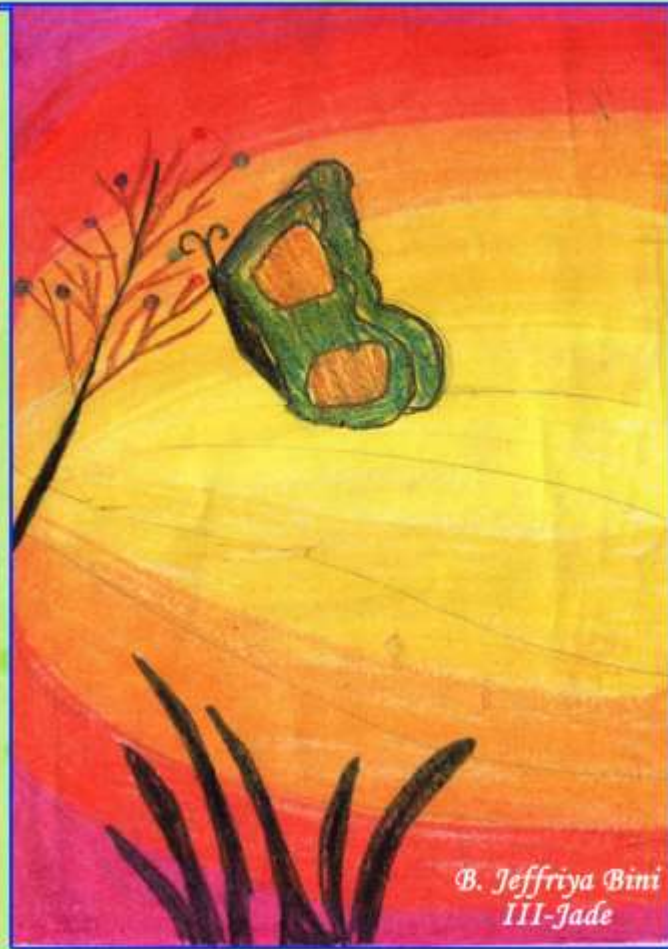
In the Science Lab, Jake wore the lab coat and safety goggles, pretending to be Ms. Luna. He conducted a hilarious experiment with colourful, bubbling experiments, making everyone laugh with his foolilsh explanations. Meanwhile, Ms. Luna was growing with rage sitting in the back of the class with the students.

Lily always the organized one, took Miss Lucy's English class. She started a dramatic reading of one of Shakespeare's poems, assigning roles to her classmates and turning lesson into a comedic play. Mrs. Lucy, known for her love of drama thoroughly enjoyed her role in the rehearsal game. The entire school was buzzing with excitement and laughter. Even the principal, who had no idea about the prank, couldn't stop smiling at the joyful mayhem. By lunchtime, it was revealed that the "Role of Rehearsal" was a huge hit.

Just when the trio had pulled of the perfect prank, Principal Carlson called them to his office. Instead of scolding them, he looked at them with a twinkle in his eyes and said, "It was quite a swicheroo, but next time I want to be included in it!". Revealed and delighted, Maya, Jake and Lilly left the office, already planning their next idea and big adventure.

Sunny Day High would never be the same, but one thing was certain that such creativity had made that day mark unforgettable memories reminding everyone that a little laughter and a touch of mischief could brighten even the most ordinary and boring days.

Aaruksha S.V
VIII-Sapphire





Excelltia



Children's Day Celebration



Book Fair Day

